



“The Inner Secrets of Doc’s Ez Energy Method™!”

Part I of II Parts

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I do love teaching others about energy and the magnificent use of energy for gaining personal power.

Then with that energy awareness and that personal power, teaching them to control it for any purpose they desire.

I love helping people.

I love helping people get what they want.

I love having fun helping people go way past their limiting beliefs and their fears.

Doing that to help them also helps me learn more and more about the uses of energy along with the uses of remote influence.

It really does seem like the “more I help them, the better I get at doing what I am famous for, remote viewing, remote influence, psychic skills training, and teaching effective laws and behaviors of manifestation”.

All which can be made hundreds of times MORE effective with the proper use of the Ez Energy Method™

And in helping people get what they want, sometimes you must become a compliance master, and shove them off the end of the branch, so that they, like a young bird, are forced to fly.

When you force someone off the branch so they can fly, others tend to believe you are evil.

What is really funny is the one you trained, then forced off the branch, is very happy BECAUSE THEY CAN FLY!

They are excited and want more and more of that type of skill training because it is so exuberant and makes them become totally alive.

They lived through it.

They learned though it.

They gained vast amounts of skills and experience from it.

Those experiences and skills were easily adapted and used to get them whatever they wished for in their lives.

They were happy.

When you train someone to do something that isn't quite socially acceptable, then others who disagree with that skill tend to gossip about you in a negative way.

Which is all part of the “game of energy”.

Let me tell you of an energy story that occurred a few years back.

I was retired and sitting at home just laying back and relaxing.

I had sold my business and was no longer teaching daily like I'd been doing for 24 years.

I was becoming a couch potato.

And it was getting real boring.

Then my wife started nagging me about “going on a vacation”.

Since my ideal vacation is sitting under a shady tree in a good chair reading a great book I had to ask her what she meant by a “good vacation”.

She said, “You know. A sunny beach. A lot of palm trees. A place for the kids to go in a submarine, go snorkeling, parasailing, and things like that”.

To me those are some of the most boring concepts and ways of wasting time on the planet.

And I also love and adore my wife and kids.

So I'll do anything for them. Even go on a vacation.

What I love doing is teaching others Psychic ESP skills, teaching them the REAL Huna, teaching them hypnosis and NLP...And interacting with others in my fields that are also world class trainers and very knowledgeable.

So I did one of my Mind Attraction Manifestation Set-ups.

I am highly trained in certain skills of the mind and very workable procedures of manifestation.

I went to a special level of mind and talked to my subconscious mind in a way that it understood.

I told it about a certain type of vacation were they wife and kids would get what they wanted...

...and I would be able to do what I love doing.

I also mentioned that I would do much more than I was paid to do and I would be remunerated nicely so they would be happy and I and my family would be ecstatic.

I then made an image of glowing lights with my segment intending where the brightest 3 lights that needed my skills would get the information that I was remotely sending them.

The next day I received a telephone call from Ross Jefferies.

I'd met Ross a few years before at a millionaire's maker seminar in Los Angeles hosted by real estate guru Ted Thomas.

Ross had read my books and studied many of my videos.

In fact he publicly credited me for his invention of Speed Seduction.

Ross had gotten the concept of Speed Seduction from my Speed Hitting Book and from my 7 manuals on different aspects of Speed Hitting.

He just modeled those books and manuals with a different topic and leaped right to the top of his desired field.

(Any one picking up the neat how-to's I'm throwing in from time to time?;-)

We had a friend in common, Kendrick Cleveland, who I'd learned conversation hypnosis and covert linguistic influence from...

...and who Ross had studied NLP from (with home training) to build up his Speed Seduction language patterns from.

Anyway...

Ross was calling to tell me that he wanted to hire me to go to the Bahamas to help him...

**...train a large group of his people
with REAL Psychic Skills and ESP training.**

He did mention who else was going as trainers, and most of them were people in the field that I'd love to meet and interact with.

**People who were real World Class Trainers in persuasion,
NLP and hypnosis like Yates Canipe, Mark Cunningham, and
John La Valle.**

It sounded really neat to me.

**My remote influence had worked again,
just as it always works.**

I just want to give you a side note here.

My expectancy on that skill working is the same expectancy I have when I turn the key in my H2 Hummer and start it up.

I know it's going to work because it's one of the best and most powerful motors on the planet.

Just like I know that my manifestation drills work.

So I asked Ross what he was paying.

That little aspect needed to be taken care of also.

His answer, "How much do you want?"

I told him, "I think it might be fun...and my wife and family would love a vacation in the Bahamas. How about you pay the plane fares and the room and board and I'll teach for you for two days of your event?"

Ross's reply, "It's done. I'll make all the arrangements".

So Ross hired me as one of his World Class Trainers

for Yates Canipe's and Ross Jefferies Speed Life Seminars.

It was the start of a great relationship and fun times where I trained his people for 5 years, and was voted "outstanding trainer" 4 years out of 5.

Ross is a great friend, and even though we have gone different paths, he is one brilliant man.

The event was held in the Bahamas, and we were all staying right next door to the Atlantis, the Bahamas newest and biggest casino.

It was 3 minutes walking distance away from our rooms.

The event was for 7 days, and I was only working 2 days, so my family and I had a lot of time for fun and games.

I also had a lot of time to get to know, like and become friends with all the other trainers.

Let me tell you about one of the neat things that happened there, and some energy skills that I taught a few special people with the use of intention, energy zipping, remote influence and mild hypnosis.

I became good friends with Yates.

And Yates was (still is) in love with gambling and winning at gambling.

And we were in "gambling heaven".

Yates loved throwing dice.

It was his passion, his path to power and transformation.

Here's a Secret:

**Proper control of your own energies
gives you power over yourself.**

Most people don't know this, but proper control over your own energies gives you power and control over other people's energies also!!!

So I do attract a lot of people that want that type of power for power's sake.

This is not good or bad.

It's just the way the world is.

Learning how to use and control your own power does lead to abuse of that power by some people.

It happens, and I believe it is meant to happen.

Abuse of that power can then lead you down a dark path...

...or it can bring you massive amounts of self-awareness and growth...

...which can lead you into a very positive and fulfilling path.

So in that case abuse of power becomes a positive learning experience and then leads eventually to being more self-enlightened and a better teacher to others.

Yates wanted me to help him raise his vibrations and energies so he could win at dice.

I told him it was more than just him needing to be involved.

Not only were his energies involved, but the energies of every one surrounding him at the tables...

...and if he wanted to win, they all had to be controlled and manipulated in a certain way.

Fact!

**Other people's energies do affect your energies,
your thoughts and your behaviors on a subconscious**

and very REAL level.

To give Yates the Energy Power to win at throwing dice consistently we needed to:

- 1. Access a time when he'd been in that winning state (streak) and had won consistently...**
- 2. To anchor that state in all 5 senses, internally and externally...**
- 3. To teach him how to access that state (the Power) consistently and upon demand...**
- 4. To hold that state and revivify it when needed by him.**
- 5. We had to teach him to seal off the energies of others.**
- 6...and to seal in the energies he needed, and to make his aura literally "Bullet-Proof" so that he was immune to their emotions and thoughts.**

(Check out the DVD set, "Secrets of the Bullet-Proof Aura™")

We also needed to train a team of 3 people to get into a positive state and beam that positive expectancy and reinforcing energy to him while he was throwing dice.

They had to surround him on the sides and behind him.

Then we had another team of 3 people that disrupted other player's energy fields in such a way that they were scrambled, their energies ran backwards, and they were homolateral.

They became "energy coolers" for the others.

We only did this skills training one time for a period of 3 1/2 hours.

During that short period of time Yates won \$13,780 bucks!

If was fun doing that, one time, then it became boring for me.

But not for Yates.

Yates still uses variations of that ESP energy manipulation.

Why?

Because it works.

Let me talk about REAL skills and real training for a bit.

About 20 years ago I was at a speaker's convention.

I was sitting next to a middle aged smartly dressed man and I struck up a conversation with him.

In that conversation I learned that he was one of the guest speakers.

So I got curious. I asked him what he would be speaking about.

He told me, "Leadership".

I found that interesting and I wanted to know more about it.

So I asked him, "What do you do for a living?"

His reply, "I'm a janitor at a Junior High school".

I got real curious. "How can you then speak about leadership?"

"Because I've read 5 books on it and I'm a good speaker."

Ugh.

We live in different worlds.

**To me an expert is someone that is
great at doing what he's doing.**

So if a man tells me he can make a dentist a lot of money, one of two things is necessary before I can believe him.

One.

**He's either got to be a dentist and has made a massive amount
of money in that occupation...**

Two.

**...or he has to be a marketing genius that has taught 35
dentists how to make massive amounts of money and they have
done so.**

For example I see all those advertisements out there on how-to-make money teaching karate...and I notice most of them do not know karate, and they have no method of verification that they've taught others that skill.

Now I'd practiced the martial arts for 23 years before I decided to open up a professional martial arts studio.

I then went to the leading experts in the field and became a manager for one of their studios in Portland Oregon for a year, making them \$25,000 to \$35,000 a month using their methods while they paid me \$500 (plus 10% commissions on all down payments) a month to make them rich.

I worked for them for a year.

What they taught did work very well.

How did I know that?

THROUGH EXPERIENCE!

So I quit, moved to Boise Idaho and started up my own studio using their business methods.

Running my own studio I noticed their method lacked a few tactics I deemed necessary.

So I went back to college, studied Sales, Marketing and Management, earning a MBA.

I filled in those business blank spots in my studio business education with training and experience.

I worked 6 years than I retired.

I had a giant studio, and many, many, many of my students wanted to make massive amounts of money also.

They worked for me.

They saw all the money coming in.

They wrote out many of the receipts for the clients.

I did not need to convince them of the positive possibilities.

They were already counting the money inside their heads.

So 17 of them paid me massive amounts of money to set them up in their own studios...

...teach them the REAL secrets...

...and to advise them and baby sit them their first year in business just to help them with any unforeseen things that might happen because of Murphy's Law.

“When anything can go wrong it will go wrong”.

It's a law I disagree with, but I've made much money off of those that prepare for the worse.

My point being, "I never did stay around to hear that janitor talk about leadership".

To me he was a waste of time.

He did not KNOW what he was speaking about.

Book learning is never enough.

To me what he was doing and getting away with was "abuse and fraud".

Then there's the other angle. Something called "Abuse of power".

I had a lady come in and train with me for 5 years.

We taught her good and she earned a REAL black belt.

Let me switch topics here for a bit to "sparring in the martial arts".

We teach self-defense.

We teach a skill, something that actually works in the REAL world with bullies, abusive people, and mean people.

We also teach it in a way that keeps you out-of-jail, which is very important.

When we spar our students we purposefully hit them, kick them, and throw them to the ground.

We do have mats, safety gear, sparring gloves, mouth pieces, and groin cups.

We want them to feel it, have fun, AND to live through it.

Why do we do that?

Is it because we are mean and evil bullies?

Or, is it because we are training them with love, care and compassion so that they can win a real fight if they are ever in a situation that tough skills are needed?

That type of reality training does some thing very important.

It frees them of fear of getting hurt, or the fear of getting killed.

That type of training is situational so they then have the choices of controlling themselves and the others physically, controlling themselves and modifying the situation another way, or controlling themselves and avoiding the situation completely.

There is a fact of life, no matter which arena you are now facing and experiencing.

“Iron can only be turned into steel by going through the fire!”

Stated another way; only out of the experiences of struggle and hardship comes positive learning experiences, endurance and power.

When someone is smothered in protection by others he is NEVER able to take care of himself.

Let me give you a simple example.

Shirley came to us because she'd been raped.

Even worse than that, she was a black belt in a family karate school down the street and had 2 years of experience kicking and punching air.

But she had no sparring skills and was taught that sparring was not spiritual and was never needed.

She'd been brainwashed into believing falsely that she had self defense skills when she really had something closer to modern dance.

When the guy accosted her she attempted to do her hip cocking punch, and her sissy step closing gaps, and the guy laughed at her...

...then raped her.

So I did clear up her post traumatic stress disorder (PTSD).

That was easy and quick using the Easy Energy Method™.

It took only a few minutes.

I also gave her 4 months of REAL martial arts training so that she could actually do something if push came to shove.

I gave her a positive learning experience to replace those fake teachings.

I gave her skills instead of platitudes.

My point is, when someone is called upon by life's circumstances to rely entirely on their own skills, powers and resources, and he's been protected all his life by others, he will find out that he has NO resources.

As Brian Tracy stated...

“When a man with money meets a man with experience, the man with money gets a lot of experience!”

Let me give you another example.

Two nights ago Jack was at a birthday party.

While there a drunk was told that Jack knew karate and then came over to challenge him.

It was no big secret that Jack knew karate because he was wearing a T-Shirt that had the Kung-fu symbol on the front, and our studio logo on the back.

Jack is proud of his knowledge and he loves to give people that are bullies the experiences they need.

As Jack says it...

“When a bully with a big mouth meets a fighter with experience, the bully with the big mouth gets a mouthful of experience!”

The pushy drunk told Jack, “I could crush you!”

Jack smiled at him, looked him up and down as he replied, “Only one way to find out amigo”.

“If you’ve got the balls, bring it on, right now!”

Then Jack just stood there, relaxed and waiting for the drunk to move, just like a crouched mountain lion waits for the rabbit to move.

As soon as that rabbit twitches he’s in the process of being turned from food into shit. He just got eaten alive.

The drunk dropped his eyes and walked away.

Bullies look for easy prey.

They never look for people that can and will fight back.

At that same party another bully walked up behind a young lady (Angela), reached over her shoulder and started grab-assing her breasts from behind.

When Angela turned to stop him, he grabbed her by the throat telling her, “You are mine baby, any time I want you”.

She cried for help, but all those around her ignored her and ignored the situation.

Even though there were plenty of people around no one wanted to face the pervert down and take him away.

No one defended Angela, and she could not defend herself.

Jack was outside playing basketball and didn't know it was happening.

She started crying.

They guy released her.

I guess crying works.

She found her husband and they both left the party.

Later Angela talked with Jack's fiancé (Tara) about the situation.

You see, that pervert was both of their bosses, and a similar incident had happened to Tara while at work.

There was one big difference.

When the bullying boss grabbed Tara she reached over his hand and grabbed his little finger and yanked it backwards, sending him to his knees on the ground in massive pain.

Even a weak and tiny girl can easily break a big man's finger.

It only takes a little pain to make a bully leave you alone.

Jack had trained his fiancé in a few simple pain enhancement technologies and let her practice them on him until she was effective in a stress situation.

Here's my point.

**We all suffer from the tendency to
“make it easy” for those we love and care about.**

This fault can lead nowhere but to distress and grief when the loved one is called to access the reserve strength that is not there because he has never met with the necessary resistance.

So when you protect someone...

**...when you give them money with no effort or return on their part,
you have done him a massive spiritual injury.**

Why is that so?

Because you have taken away from him the vast amount of experience and self-confidence that is earned from the necessities of struggle.

When I first met Lynn, the lady who later became my wife, I literally demanded she take a year of karate.

Because she cared for me, she did the training, and she did enjoy it.

Six months into there training she was accosted at knife point by a bum.

Lyn was sitting in her red Rabbit Volkswagen after leaving a stationary shop.

**The bum walked up to her open window,
reached into his back pack and
drew out a steak knife.**

He told her, “Move over bitch, we are going for a drive”.

Lynn looked at him.

**She then chopped him in his exposed throat
as hard as she could with her left hand.**

Put the car in “drive”, and drove away with him lying in the gutter, choking.

Lynn had learned her lesson through proper training so that when she encountered a life or death situation, she won.

Why am I bringing up these stories?

It's because of the very narrow concept of "abuse of power".

Remember Yates winning \$13,870 dollars gambling in the Bahamas because we taught them "tactical energy control technologies".

Some people call using energy that way, "Abuse of power".

That's because they don't understand that every day, literally hundreds of times during the day, other peoples very negative and destructive energies are affecting them...

...but they just don't know it.

...their conscious minds are NOT aware of that fact, but it's been scientifically proven thousands of times that the subconscious mind does know it.

Just like Angela's energies were infected with the destructive energies of the perverted boss.

On the other hand, Jack strengthened his own energies and weakened the drunken bully's energies in 7 different ways, so the drunk had to walk away.

There was literally **nothing else the drunk could do** with the way that Jack covertly controlled the Dragon Lines of the situation.

When Lynn was attacked she had the energies of:

- 1. Knowing what to do.**
- 2. Being skilled at what to do.**
- 3. Feeling she was morally right in doing what she did.**
- 4. And she took effective and instant action.**
- 5. And she was safe.**

Those are a different version of what this report is about, the Easy Energy Method™.

I've been teaching martial arts and energy methods for over 35 years.

And the more I train in energy, the better ways I'm able to develop to use energy, to use thoughts and to use behavior more effective.

Because energy has three areas that need to be addressed.

- 1. The energy of the attitude you have.**
- 2. The energy of knowing the model you've chosen to follow is one of the best and the most effective on the planet.**
- 3. The energy of knowing that skill comes with practice, until that skill is learned to the 4 level of competency.**

Most people never get that far.

Shirley thought she was there, but the brute still easily raped her.

Angela thought that others would protect her.

She was shocked when she realized that her husband could not protect her, and that the pervert got away with it.

Margie, Lynn and Jack had learned attitudes, learned skills and effective and proven behaviors.

That is the energy of self confidence and the energy of effective self esteem.

I need to talk about something that I really don't want to talk about.

But it's necessary.

I've been asked if the energy secrets I teach are of Huna.

It's a long story so bare with me.

I did study Huna, especially the teaching of Huna Developer, Max Freedom Long.

**Most people don't know it but Max made-up Huna,
just like Jose Silva made-up Silva Mind Control.**

Max made up Huna in the years between 1937 and 1972, when he committed suicide.

Jose made up Silva Mind Control in 1966 by changing the name of his Center for Hypnosis to the Silva Mind Control Method.

They both made up stories on how their systems developed, evolved and became esoteric.

And both of what they researched, studied and put together is workable.

I originally studied all the Huna books by Max back in 1966 while in the Army Security Agency and stationed for training in the Korean language at the Defense Language Institute located in Monterey California.

I'd studied hypnosis while in college (1962-1966), before joining the army and I found Max's books very interesting and exciting.

In the early 70's I again encountered Huna.

My mercenary friend and student Mike Echanis loved the "Secret Science at Work" and carried it with him where ever he traveled.

It was one of his 3 special "warrior" books that went way beyond any other Chi (internal energy training) that was in print during that era.

**Mike used those Mana breathing drills for
charging his vital force before battle.**

Using self-hypnosis, and special breathing methods he conquered pain and was even able to have a Jeep driven over his midsection while lying on the ground with no damage to his body.

He was able to pierce his skin with a big needle through his neck and then hang a bucket of water from it and not bleed.

Mike did have certain skills that others admired and wanted.

**Through physical training, mind training,
and Mana training he developed
what many people believed to be Super Human Powers.**

So I did study all the books on Huna.

Then I hunted down the top trainers of Huna and watched what they did.

I found out something rather amazing.

Most of those trainers were so “airy fairy” they didn’t have a clue on how to do any thing with Mana or vital force, but hallucinated that they had Huna Skills.

**They were NOT Mike Echanis.
They could not do what he did.
They were not even good at something
rather simple like hypnosis.**

Other trainers were out-right liars and frauds and intentionally using the cloak of Huna to become self-proclaimed gurus of the eke of a Jim Jones.

Others taught something like Reiki and called it Huna because the name “huna” sold better to the masses.

And some were just delusional and didn’t have a clue that what they preached was ineffective.

So they took Christianity, the Christian method of prayer, and method of breathing loudly in through the nose and out through the mouth, threw in a few Hawaiian terms and called it “Huna”.

Remember that janitor I talked about a few pages back that was a speaker on “leadership”?

Why would anyone go to a person to learn about leadership, if in real life his job was cleaning up spilled milk thrown by rowdy junior high school children?

It’s the same with many Huna trainers.

For example this one guy, during the night worked grave-yard cleaning floors and stocking shelves at a local Wal-mart for \$8.50 an hour.

Is this the guy you want to learn Huna from or to pray for you when you become sick?

Not me.

**There were a few good ones,
even though most have died off now.**

The small few who remain could do something like healing or remote viewing, but were never consistent at it, so when they were accurate and effective it was accidental.

Studying with them was like going to a restaurant, ordering Prime rib, and not knowing if you were going to get ‘road-kill’, left over hamburger, or Prime rib.

Some of the ones who could do a few things attempted to conceal their real secrets to put themselves in the guru status as an authority figure to determine if you are qualified to learn a certain Huna skill or to advance in their religion.

One white haole in Honolulu charged \$3,000 bucks for graduated seminars, so in the period of 1 year he would earn \$15,000 from each student.

Then he would sign them up for a 5 day training and charge \$10,000 for that training.

His trainings are a combination of slight of hand, Reiki, hypnotic language patterns, NLP, and building himself up to guru status by hiring some real Hawaiians to come and teach his clients chanting and hula dancing.

It was fun (I did train with him back in the early 90's), but what he teaches is NOT from the teachings of the REAL Kahuna.

If you'll look at the ring he's wearing it's a sorcerer's ring right from the Golden Dawn, which is a system of magic based upon Crowley and Regardi.

That's interesting isn't it? And continue reading. Soon I'll get back to how this ties in with the Easy Energy Method™.

People in all fields do wait to be blessed by the guru.

In Huna most people wait around for someone to recognize them and to give them spiritual validation.

Let me give you a big tip on Huna.

I am one of the highest certified Huna Trainers on the planet. And I got those credentials because I taught them.

They did not teach me.

That is because I sought out the smartest and most successful people in my chosen fields of hypnosis, NLP, Silva Mind Control, Reiki, Pranic Healing, Qi Kong, energy healing...and I picked their brains as I learned their skills using a method called Inside and Outside Precision Modeling.

END OF PART I

Part II is being released Tomorrow

Sincerely,
John La Tourette, PhD

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